

Community Enhancement Food Drive

Supporting Byrd Barr Place, Farmer Frog, Mary's Place

Sat Oct 17 | 9am-3pm



The NAIOP Washington State Community Enhancement Committee has always been about supporting our neighbors. Due to COVID-19 regulations we are unable to move forward with an in-person volunteer event and look forward to supporting the Auburn Valley YMCA project in 2021. However, we do not want COVID -19 to stop us from giving back to our community. This year, we will be hosting a food drive to support organizations throughout the region that successfully distribute food to families in need.

We have partnered with Farmer Frog, Byrd Barr Place, Mary's Place to set up three drop off locations throughout the region to collect food.

How you can participate:

- Volunteer to collect food at one of our three drop off locations – contact info@naiopwa.org
- Collect food from your network and drop it off at one of our three locations
- Give online: all proceeds will be distributed equally between the organizations.
<https://www.naiopwa.org/community-enhancement>

Byrd Barr Place (Seattle) 722 18th Ave Seattle, WA 98122 Learn more about Byrd Barr Place	Farmer Frog (Eastside) 23210 Paradise Lake Rd Woodinville, WA 98077 2017 Community Enhancement	Mary's Place (South) 12845 Ambaum Blvd SW Burien, WA 98146 2019 Community Enhancement Must pre-register to volunteer
<p><i>Food items:</i></p> <ul style="list-style-type: none"> • Cooking oil • Canned chicken, tuna and salmon • Beef stew and meat soups • Hearty and/or vegetarian soups • Canned vegetables and fruits • Dry or canned beans • Peanut butter • Rice • Pancake and other baking mixes • Cereal and oatmeal • Granola bars and energy bars • Ensure and other nutritional drinks • Baby food and formula <p><i>Non-food items:</i></p> <ul style="list-style-type: none"> • Toothpaste, toothbrushes & floss • Soap & shampoo • Toilet paper • Socks 	<p><i>Food items:</i></p> <ul style="list-style-type: none"> • Rice and/or pasta in 1 – 2 lb packages • Canned veggies (sized for home use) • Canned soup ready to serve • Pasta sauce • Shelf-stable broths • Shelf-stable milk alternatives • Shelf-stable juice • Spices in small batches <p><i>Non-food items:</i></p> <ul style="list-style-type: none"> • Small containers of shampoo, conditioner toothpaste, soap, lotion • Feminine hygiene products – pads, tampons, etc. • Hand sanitizer, small 	<p><i>Food items:</i></p> <ul style="list-style-type: none"> • Goldfish crackers • Sandwich crackers • animal crackers • Nabisco-mini snacks • Pringles potato crisps • Lay's Potato Chips (1 oz) • Cheez-it's • pretzels • Pop chips • Rice Crispy treats • granola bars (chewy chocolate chip is a favorite) • Lara mini bars • Dino Bars • Stretch Island fruit leather • fruit snacks • fruit cups • cookies • Oreo Cookie (two-packs) • GOGO squeeze apple sauce • Amazon Cravebox

		<ul style="list-style-type: none">• Drinks:<ul style="list-style-type: none">○ boxes fruit juices○ Capri Sun <p>Other high need items:</p> <ul style="list-style-type: none">• African American hair product• bottles of hand soap• sanitizer• individual tissue packages• hand warmers
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